

Vocabulary Health

How to say you are ill

- I'm **ill**.
- I'm **shattered** (meaning *tired out or exhausted*)
- I'm **on my last legs** (to be very tired, especially after a lot of physical activity or work. It also means to be going to die soon)
- I feel (really) **rough** / **poorly** / **peaky** / **rough** / **bloody awful**.
- I feel like **death warmed up**

How to say you are feeling OK

- I am **alive and kicking**
- I feel **good** (emotional state) / **great** / **well**
- He is a **picture of (good) health**
- She is **hale and hearty**

Health problems

- I have a **headache** / **toothache** / **backache** / **stomachache** / **earache**...
- I have a **pain** in my back / tooth / head...
- I have a **broken** / **sprained ankle** / **wrist**.
- I have **the flu** / **a cold** / **runny nose** / **a fever** / **a high temperature (a fever)** / **a sore throat** / **a cough**
- A **heart attack** / **a heart disease** / **an infectious disease** / **a stroke** / **coronary heart disease** / **high blood pressure**
- I feel **sick**. I'm feeling **nauseous**.
- I have a **bruise** / **cut** / **graze** / **wound**.

Health advice

- **Exercise** regularly.
- Eat **healthy** food.
- **Brush** your teeth regularly.
- **Sleep** early (= don't stay up late!)

- Have regular **medical check up**.
- Relax.
- Go **on a diet**.

Medicines

- **eye drops**
- **cream**
- **syringe**
- **syrup**
- **bandage**
- **drugs**
- **shot / injection / jab** (give some an injection)
- **medicine / medication**
- **pain-killer**
- **pill**
- **plaster**
- **tablet**
- **tranquilizer**
- **over-the-counter medicine**

Treatment

- **check-up**
- **diagnosis**
- **operation / surgery**
- **prescription**

People

- **ophthalmologist**
- **dentist**
- **doctor / physician**
- **general practitioner (GP)**

- midwife
- nurse
- patient
- specialist
- surgeon

Places

- doctor's
- pharmacy / drugstore / chemist's
- hospital
- operating theater
- surgery (medical operation)
- waiting room
- ward (a geriatric/maternity/psychiatric ward)

Health - Verbs

- injure
- catch
- cure
- heal
- hurt
- operate on
- prescribe
- treat

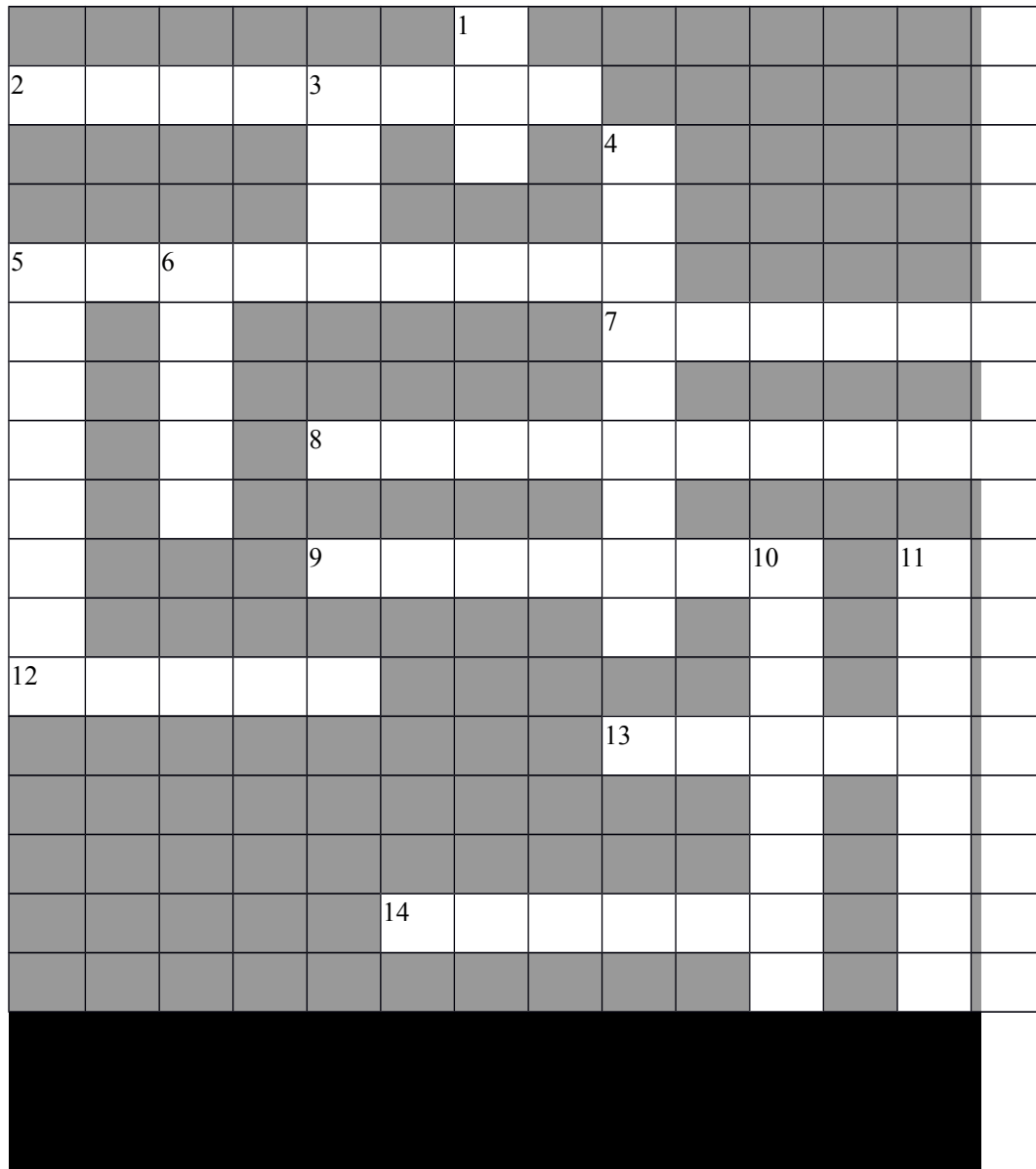
Expressions

- Desperate diseases require desperate remedies = **Aux grands maux les grands remèdes.**
- An ounce of prevention is worth a pound of cure / Prevention is better than cure = **Mieux vaut prévenir que guérir**
- Forewarned is forearmed = **Un homme averti en vaut deux**

Alcohol

drunk		lager	bière blonde
hangover		ale	bière traditionnelle anglaise
tipsy		stout	bière brune
cheers	santé!	bitter	bière bitter (amère)
alco<u>h</u>ol		A draught (draft) beer	
rum	rhum	white wine / red wine	
whisky (Scottish) / whiskey (Irish)		rosé	
spirits	spiritueux	sparkling wine	vin pétillant
Bartender/ barman/ barmaid		shandy	panaché
cider	cidre	Buck's Fizz	un cocktail de champagne et jus d'orange
beer mat	sous-bock	Withdrawal symptoms	
binge drinking	beuverie	Cirrhosis	
Designated Driver		Intoxicated	
Blackout		A soft drink	
Sober		A round	Une tournée
A teetotaller / teetotal (adj)		A beverage	
To raise awareness		self-help group	
Liver / kidney		sensibly	
blood alcohol concentration (BAC)		Put someone at risk	
In the long run / in the short run		To harm	
A social / steady / heavy drinker		To relapse	
A DUI		A craving	

Alcohol crossword



ACROSS

- 2. Vomit
- 5. Someone who prepares your drinks behind a counter
- 7. Fall off the waggon after a non-drinking period.
- 8. Someone who never drinks alcohol
- 9. A strong feeling of wanting something (a drink)
- 12. How you feel after you've had a few drinks
- 13. Drink excessively and as quickly as possible

DOWN

- 1. A place where people can order beer on tap
- 3. Alcohol made from grapes
- 4. A type of liver failure
- 5. Memory loss because of too much alcohol
- 6. Buy aof drinks for everyone.
- 10. Popular Irish stout beer
- 11. A drink

